

. . . BREAKFAST

Southland cheese roll . . .	9
Croissant with preserves . . .	10
Hemp heart granola, berries, kiwifruit, greek yoghurt . . .	18
French toast, walnut, berries, granny smith, maple . . .	24
Eggs, sourdough . . .	16
Scrambled eggs, kina, pancetta, sourdough . . .	24
Kūmara tortilla, fried eggs, mole . . .	21
Silverbeet, smoked hemp heart butter, sourdough . . .	19
Mushroom bolognese, buffalo curd, sourdough . . .	23
Fried eggs, mushrooms, paua XO . . .	27
Rosti, smoked kahawai, slow poached egg, pickles . . .	23

. . . SIDES

Sourdough 3 / Sprouted quinoa loaf (GF) 3
Streaky bacon 6 / Avocado 3

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Breakfast is available from 7am (8am over the weekend) until 11:00am.

We cater to all diets. Our fish is line-caught using sustainable fishing methods.
Our meats and produce are locally sourced and organic whenever possible.

... *COFFEE*

Espresso (Coffee Supreme) ... 4.50
with Green Valley organic cow's milk ... 5
Bottomless fetco filter brew (single origin) ... 6
Cold drip coffee on ice (single origin) ... 6
Miann 70% hot chocolate (Colombia cacao origin) ... 8

... *ZEALONG TEA*

Green Tea ... 5.5
Pure Oolong Tea ... 5.5
Breakfast - FULL BODIED BLACK TEA ... 5.5
Grey - BLACK TEA, ROSE, LAVENDER & JASMINE ... 5.5
Lady Gatsby - BLACK TEA, LEMON & GINGER ... 5.5
Ice breaker - GREEN TEA, SPEARMINT & PEPPERMINT ... 5.5
Chai - BLACK TEA, CINNAMON, CARDAMON & CLOVES ... 5.5

... *NON-ALCOHOLIC*

Homegrown orange juice ... 8.5
Homemade green juice ... 8.5
Kingi Mate kombucha ... 6
Pete's Natural soda's ... 6
Antipodes sparkling water (1l) ... 13

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